

THINK Education
BHSCMYO24 - Bachelor of Health Science (Clinical Myotherapy)

The Bachelor of Health Science (Clinical Myotherapy) is three years in duration for a full time student. In this course, your core subjects will comprise of 23 subjects. Each year consists of three Study Periods, also known as Trimesters.

Core subject - a compulsory subject that you must complete

Elective subject - a subject to be selected from the Elective Bank below

Pre-requisite subject - a subject you must complete before undertaking another subject.

This course is comprised of 24 subjects that you are required to complete: 23 core subjects and 1 elective subjects.

The course contains 3 subject levels - Level 100, 200 and 300, guiding you from foundational through to more complex subjects.

- Level 100: 9 core subjects
- Level 200: 7 core subjects
- Level 300: 7 core subjects
- Electives: 1 elective subjects at either level 200 or 300 from the Elective Bank below.

RPL - Should you have any Recognition of Prior Learning (RPL) credits that make you eligible for exemptions, please contact your Program Director to discuss further.

Please note: Not all subjects run each Study Period. If your suggested subjects are unavailable, we encourage you to take the immediate preceding or following subject(s) where possible.

How to read the below Suggested Study Pattern (as a full-time Student):

8 subjects per year make up a full-time study load, following a 3 subjects - 3 subjects - 2 subjects pattern across the year's three study periods (trimesters/terms).

As an example: Following the below pattern, the subjects in your first year would be:

1st study period: HSP101A, BFD105A, MYO102 (3 subjects)

2nd study period: MYO103, HSP102, HSC101 (3 subjects)

3rd study period: MYO104 and 1 elective (2 subjects)

Studying Part-Time?

Follow the below sequence from top to bottom, but with fewer subjects per Study Period. Any questions? Contact HelpMeEnrol@torrens.edu.au

SUGGESTED STUDY PATTERN

Year	Level	Subject Type	Subject	Pre-requisite	Study Mode (OC = On-Campus, FOL = Flexible Online Class)	Attendance Requirements	Completed	
Study Period 1								
YEAR 1	100	Core	HSP101A Human Structure & Physiology 1		OC or FOL		<input type="checkbox"/>	
	100	Core	BFD105A Biological Foundations		OC or FOL		<input type="checkbox"/>	
	100	Core	MYO102 Myotherapy Foundations		OC		<input type="checkbox"/>	
	Study Period 2							
	100	Core	MYO103 Musculoskeletal Anatomy 1	HSP101A	OC		<input type="checkbox"/>	
	100	Core	HSP102A Human Structure and Physiology 2	HSP101A	OC or FOL		<input type="checkbox"/>	
	100	Core	HSC101 Professional Communication and Collaboration		FOL		<input type="checkbox"/>	
	Study Period 3							
	100	Core	MYO104 Musculoskeletal Anatomy 2	HSP102	OC		<input type="checkbox"/>	
100	Core	EBP107A Evidence-based practice		FOL		<input type="checkbox"/>		
Study Period 4								
YEAR 2	100	Core	HBD106 Human Biology & Disease	HSP102	FOL		<input type="checkbox"/>	
	200	Core	MYO209 Clinical Assessment 1	MYO103	OC		<input type="checkbox"/>	
	200	Core	HWEL2002A Understanding Health		FOL		<input type="checkbox"/>	
	Study Period 5							
	200	Core	MYO204 Clinical Assessment 2	MYO104	OC		<input type="checkbox"/>	
	200	Core	MYO205 Exercise Prescription 1	MYO104 & MYO209	OC		<input type="checkbox"/>	
	200	Core	MYO206 Neuroscience & Motor Control	MYO103	FOL		<input type="checkbox"/>	
	Study Period 6							
	200	Core	MYO207 Pre-Clinical Studies	EBP107A, HBD106 & HSC101	OC		<input type="checkbox"/>	
200	Core	MYO208 Musculoskeletal Pathology	HBD106, MYO103 & MYO104	FOL		<input type="checkbox"/>		
Study Period 7								
YEAR 3	300	Core	MYO302 Manual Therapy Interventions (Includes 70 hrs clinical Practicum)	MYO207	FOL for Theory OC for Clinical Practicum	100% Attendance (70hrs) for Clinical Practicum	<input type="checkbox"/>	
	300	Core	MYO307 Dry Needling	MYO103, MYO104 & MYO206	OC		<input type="checkbox"/>	
	300	Elective	Elective to be chosen from list available		See elective list		<input type="checkbox"/>	
Study Period 8								
300	Core	MYO306 Pain Management (Includes 70 hrs clinical Practicum)	MYO302 & MYO207	FOL for Theory OC for Clinical Practicum	100% Attendance (70hrs) for Clinical Practicum	<input type="checkbox"/>		
300	Core	MYO303 Exercise Prescription 2	MYO205 & MYO208	OC		<input type="checkbox"/>		
300	Core	EPR307 Entrepreneurship, Professionalism & Business Skills in Health	MYO207	FOL		<input type="checkbox"/>		
Study Period 9								
300	Core	MYO304 Neuropsychology (Includes 70 hrs clinical Practicum)	MYO206 & MYO306	FOL for Theory OC for Clinical Practicum	100% Attendance (70hrs) for Clinical Practicum	<input type="checkbox"/>		
300	Core	CLR308A Critical Literature Review	EBP107A & MYO207	FOL		<input type="checkbox"/>		

Please note - not all subjects are available for each Study Period. If your suggested subjects are unavailable, please take the subject that is immediately preceding or following that subject

ELECTIVE BANK - BHSCMYO24 - Bachelor of Health Science (Clinical Myotherapy)

Level	Subject	Pre-requisite	Study Mode (OC = On-Campus, FOL = Flexible Online Class)	Attendance Requirements	Chosen
Level 200	FHN201 Foundations of Human Nutrition		FOL		<input type="checkbox"/>
	HWEL2009A Active Ageing and Falls Prevention		FOL		<input type="checkbox"/>
	HWEL2010 Corporate Health		FOL		<input type="checkbox"/>
	HDW204 Healthcare in the Digital World		FOL		<input type="checkbox"/>
	FPH201 First Peoples Culture, History and Healthcare		FOL		<input type="checkbox"/>
	HPR200A Health Promotion		FOL		<input type="checkbox"/>
	HWEL2006 Social and Emotional Wellbeing		FOL		<input type="checkbox"/>
Level 300	MYO305 lifespan Myotherapy	HBD106	FOL		<input type="checkbox"/>
	ESN301 Exercise and Sports Nutrition	FHN201	FOL		<input type="checkbox"/>

Other subjects from Torrens Undergraduate Programs may be also used as electives, with prior approval from the Program Director

Any questions? Please contact HelpMeEnrol@torrens.edu.au

Course Learning Outcomes - BHSCMYO24 - Bachelor of Health Science (Clinical Myotherapy)

Course Learning Outcome 1	Demonstrate knowledge and skills appropriate to the discipline of Myotherapy, integrating broad health science knowledge for health maintenance and the promotion of wellbeing.
Course Learning Outcome 2	Critically evaluate contemporary sources of information with the digital fluency capacity to locate, synthesis, evaluate and effectively apply information.
Course Learning Outcome 3	Independently collect, synthesis and analyze information to solve clinical problems.
Course Learning Outcome 4	Demonstrate the application of theoretical knowledge and technical skills to practice ethically and provide safe treatment within a range of clinical settings.
Course Learning Outcome 5	Independently exercise judgement to provide evidence-based interventions for the prevention, treatment and rehabilitation of musculoskeletal pain and associated conditions.
Course Learning Outcome 6	Practice professionally with responsibility and accountability to self and others in intra and inter-professional relationships.
Course Learning Outcome 7	Recognizing the dominant theories of health and disease, systems of health, apply health promotion and behavioral change strategies and programs for a variety of clinically and culturally diverse populations.
Course Learning Outcome 8	Demonstrate leadership and innovation in the analysis and development of health promotion education strategies for local and global communities.