

Master of Counselling - MCO24

The Master of Counselling is 1.5 years in duration for a full-time student, or three years in duration for a part-time student. Each year consists of three study periods, also known as trimesters/terms.

Core subject - a compulsory subject that you must complete

Elective subject - a subject to be selected from the Elective Bank below

Pre-requisite subject - a subject you must complete before undertaking another subject.

This course is comprised of 12 subjects that you are required to complete: 11 core subjects and 1 elective subjects.

The course contains 3 subject levels - Level 400, 500, 600, guiding you from foundational through to more complex subjects.

- **Level 400:** 4 core subjects.
- **Level 500:** 4 core subjects.
- **Level 600:** 3 core subjects.

You must select 1 electives from the Elective Bank below. The 1 elective may be chosen from the 600 level electives.

This is how to identify the subject level - MKT103A is a level **100**, MKT202A is a level **200**

Work Placement Hours: As part of your course, you'll have the chance to undertake 40 hours of work placement in the form of supervised clinical practice either in our Sydney Clinic - The Practice Wellbeing Centre (which offers low-cost counselling services to the public) and/or in selected outplacements through external organisations. This placement occur within one subject (CPS507). You will be required to complete at least 120 hours of experiential practical skills training at the campus-based Practical Intensive Workshops that are spread over two subjects (TAC402, ACS504A), with one further online Practical Intensive Workshop within once subject (TIP611).

How to read the below Suggested Study Pattern (as a full-time Student):

8 subjects per year make up a full-time study load, following a **3 subjects - 3 subjects - 2 subjects pattern** across the year's three study periods (trimesters/terms).

As an example: Following the below pattern, the subjects in your first year would be:

1st study period: ATC401, TAC402 and LSD403 (3 subjects)

2nd study period: SDR404, ACS504A and DGC506 (3 subjects)

3rd study period: MEH505 and CPS507 (2 subjects)

Studying Part-Time? Follow the below sequence from top to bottom, but with fewer subjects per Study Period.

Any questions? Contact HelpMeEnrol@torrens.edu.au

SUGGESTED STUDY PATTERN

Year	Level	Subject Type	Subject	Pre-requisite	Placement	
Study Period 1						
YEAR 1	400	Core	ATC401	Advanced Therapeutic Communication	Nil	<input type="checkbox"/>
	400	Core	TAC402	Theoretical Approaches to Counselling	Nil	<input type="checkbox"/>
	400	Core	LSD403	Life Stages and Development	Nil	<input type="checkbox"/>
	Study Period 2					
	400	Core	SDR404	Self Care & Developing Resilience	Nil	<input type="checkbox"/>
	500	Core	ACS504A	Advanced Counselling Skills	TAC402	<input type="checkbox"/>
	500	Core	DGC506	Digital Counselling	Nil	<input type="checkbox"/>
	Study Period 3					
	500	Core	MEH505	Mental Health	Nil	<input type="checkbox"/>
500	Core	CPS507	Clinical Practice & Supervision	Nil	<input type="checkbox"/>	
Study Period 4						
YEAR 2	600	Core	WRG617	Working with at Risk Groups & Suicidality	Nil	<input type="checkbox"/>
	600	Core	GRL610	Group Leadership	Nil	<input type="checkbox"/>
	600	Core	TIP611	Trauma Informed Practice	ACS504A	<input type="checkbox"/>
	Study Period 5					
		Elective	ELECTIVE 1	Choose one subject from the elective table	Nil	<input type="checkbox"/>

Please note - not all subjects are available for each Study Period. If your suggested subjects are unavailable, please take the subject that is immediately preceding or following that subject

ELECTIVE BANK				
Level	Subject	Pre-requisite	Chosen	
Level 600	POA612	Positive Aging	Nil	<input type="checkbox"/>
	GAL613	Grief & Loss	Nil	<input type="checkbox"/>
	CPP614	Coaching & Positive Psychology	Nil	<input type="checkbox"/>
	SEW615	Social & Emotional Well-being in Australian Indigenous Populations	Nil	<input type="checkbox"/>
	EPA618	Empowerment & Advocacy	Nil	<input type="checkbox"/>
	RES611	Critical Literature Review	Nil	<input type="checkbox"/>
	Research	Unspecified Research Elective	Nil	<input type="checkbox"/>
Other subjects from Torrens Undergraduate Programs may be also used as electives, with prior approval from the Program Director				
Any questions? Please contact HelpMeEnrol@torrens.edu.au				

Course Learning Outcomes - Master of Counselling - MCO24	
Course Learning Outcome 1	Graduates will be able to apply a broad theoretical knowledge of ethical, legal, statutory and professional requirements for counsellors to a variety of practice contexts and scenarios.
Course Learning Outcome 2	Graduates will be able to plan, implement, undertake, and evaluate independent counselling practice supporting clients on a range of issues and in a range of practice contexts.
Course Learning Outcome 3	Graduates will be able to explain the social and political context of psychosocial wellbeing to practice, particularly as it relates to factors such rural and remote communities' socioeconomic status, mental and physical health, trauma, disability and other determinants of vulnerability.
Course Learning Outcome 4	Graduates will be able to interpret relevant peer reviewed literature in a scholarly manner applying research and digital literacy skills suitable to professional practice and further learning.
Course Learning Outcome 5	Graduates will be able to analyse counselling theories and knowledge to personal lived experiences in order to develop cohesive and sustainable self-care strategies
Course Learning Outcome 6	Graduates will consistently exhibit awareness of one's own perception, character, feelings and beliefs within group participation to enable the effective application of mental health and counselling skills in complex situations.
Course Learning Outcome 7	Graduates will be able to assess risk effectively including suicidality and all types of domestic abuse.
Course Learning Outcome 8	Graduates will be able to exhibit and maintain professional boundaries whilst working with complex presentations including; trauma, suicidality and personality disorders. complex trauma presentations, common personality disorders and suicidality whilst maintaining appropriate boundaries
Course Learning Outcome 9	Graduates will be able to facilitate a group session and provide effective psychoeducation appropriate to the needs of the group.