

Graduate Diploma of Counselling GDCO20

The Master of Counselling (Advanced) is 1 year in duration for a full-time student, or two in duration for a part-time student. Each year consists of three study periods, also known as trimesters / terms.

Core subject - a compulsory subject that you must complete

Elective subject - a subject to be selected from the Elective Bank below

Pre-requisite subject - a subject you must complete before undertaking another subject.

This course is comprised of 8 subjects that you are required to complete: **8 core subjects and 0 elective subjects.**

The course contains 3 subject levels - Level 400, 500 and 600, guiding you from foundational through to more complex subjects.

- Level 400: 4 core subjects.
- Level 500: 4 core subjects.

You must select 1 electives from the Elective Bank below. The 1 elective may be chosen from the 600 level electives.

This is how to identify the subject level - MKT103A is a level 100, MKT202A is a level 200.

Work Placement Hours: As part of your course, you'll have the chance to undertake 40 hours of work placement in the form of supervised clinical practice either in our Sydney Clinic - The Practice Wellbeing Centre (which offers low-cost counselling services to the public) and/or in selected outplacements through external organisations. This placement occur within one subject (CPS507). You will be required to complete at least 120 hours of experiential practical skills training at the campus-based Practical Intensive Workshops that are spread over two subjects (TAC402, ACS504A).

RPL - Should you have any Recognition of Prior Learning (RPL) credits that make you eligible for exemptions, please contact your Program Director to discuss further.

How to read the below Suggested Study Pattern (as a full-time Student):

8 subjects per year make up a full-time study load, following a 3 subjects - 3 subjects - 2 subjects pattern across the year's three study periods (trimesters/terms).

As an example: Following the below pattern, the subjects in your first year would be:

1st study period: ATC401, TAC402 and LSD403 (3 subjects)

2nd study period: SDR404, MEH505 and DGC506 (3 subjects)

3rd study period: CPS507 and ACS504A (2 subjects)

Studying Part-Time? Follow the below sequence from top to bottom, but with fewer subjects per Study Period.

Any questions? Contact HelpMeEnrol@torrens.edu.au

SUGGESTED STUDY PATTERN

Year	Level	Subject Type	Subject	Pre-requisite	Placement	
Study Period 1						
YEAR 1	400	Core	ATC401	Advanced Therapeutic Communication	Nil	<input type="checkbox"/>
	400	Core	TAC402	Theoretical Approaches to Counselling	Nil	<input type="checkbox"/>
	400	Core	LSD403	Life Stages and Development	Nil	<input type="checkbox"/>
	Study Period 2					
	400	Core	SDR404	Self Care & Developing Resilience	Nil	<input type="checkbox"/>
	400	Core	ACS504A	Advanced Counselling Skills	TAC402	<input type="checkbox"/>
	500	Core	DGC506	Digital Counselling	Nil	<input type="checkbox"/>
	Study Period 3					
	500	Core	MEH505	Mental Health	Nil	<input type="checkbox"/>
500	Core	CPS507	Clinical Practice & Supervision	Nil	<input type="checkbox"/>	
<p>Please note - not all subjects are available for each Study Period. If your suggested subjects are unavailable, please take the subject that is immediately preceding or following that subject</p>						

Course Learning Outcomes - Graduate Diploma of Counselling GDO20	
Course Learning Outcome 1	The graduate will demonstrate broad theoretical knowledge of ethical, legal, statutory and policy requirements and of their application in the field, by acting ethically in context, and providing, socially aware and lawful service.
Course Learning Outcome 2	The graduate will be able to prepare and plan for interventions and undertake independent practice supporting clients on a range of issues with awareness of ethical standards, responsibility and accountability.
Course Learning Outcome 3	The graduate will be able to communicate with regard to the social and political context of psychosocial wellbeing particularly as it relates to rural and remote communities, socioeconomic status, mental health, trauma, disability and other determinants of vulnerability.
Course Learning Outcome 4	The graduate will be able to analyse and reflect upon current counselling practice, innovation and future trends in counselling.
Course Learning Outcome 5	The graduate will be able to apply and interpret relevant peer reviewed literature in a scholarly manner applying research and digital literacy skills suitable to professional practice and further learning.
Course Learning Outcome 6	Graduates will demonstrate the ability to critically self-reflect, applying theories and practice skills to personal lived experience and history and use this knowledge to develop a cohesive self-care plan suitable to future industry practice. Graduates will be able to identify counselling theories and knowledge and apply to their personal lived experiences to develop cohesive and sustainable self-care strategies.
Course Learning Outcome 7	Using expert judgement, graduates will be able to develop scholarly projects that demonstrate adaptability and application of knowledge, interpersonal and self-reflexive skills in the counselling context
Course Learning Outcome 8	Graduates will demonstrate awareness of one's own perception, character, feelings and beliefs, work collaboratively and apply interpersonal skills to enable effective practice and problem solving.
Course Learning Outcome 9	Graduates will be able to demonstrate awareness of one's own perception, character, feelings, beliefs and work collaboratively to enable effective practice and problem solving in complex mental health situations
Course Learning Outcome 10	Graduates will be able to interpret and understand the needs and requirements of broad and diverse groups in society particularly vulnerable populations in a national and global context, including the ability to counsel and communicate effectively with diverse cultural groups.
Course Learning Outcome 11	Graduates will be able to reflect on personal, and professional development needs and use initiative and judgement within the counselling field