

BHNA20 Bachelor of Health Science (Naturopathy)

IMPORTANT COURSE INFORMATION

The Bachelor of Health Science (Naturopathy) is four years in duration for a full time student, or eight years duration for a part time student. Each year consists of three Study Periods, also known as Trimesters. Each study period runs for a 12 week teaching period.

Study Modes available:

On Campus (OC) study mode - students attend a 3 hr weekly on campus class.

Flexible Online Delivery (FOL) study mode - students attend an online weekly collaborate class equivalent 3 hrs online.

This course comprises of 32 subjects. Each subject has a value of 10 credit points. To successfully complete the course you must have completed 320 credit points.

The course contains 3 subject levels - Level 100, 200 and 300 guiding you from foundational through to more complex subjects. There are three (3) AQF Level 7 Elective Subjects with an option for one elective to be an unspecified elective.

• **Level 100:** 9 core subjects.

• **Level 200:** 13 core subjects.

• **Level 300:** 7 core subjects

Core subjects - compulsory subjects that you must complete

Elective subjects - subjects you can choose between from the Elective Bank below. Students can choose to complete one unspecified elective subject.

Prerequisite Subject - a subject you must complete before undertaking another subject

Corequisite Subject - a subject you must complete with another subject at the same time

Credit or RPL - if you have completed prior equivalent study and/or work experience, you may be eligible to apply for Credit or Recognition of Prior Learning (RPL).

Conditional Credit - may be applied during an internal course transfer, if a subject is not resulted prior to full credit being applied.

Unspecified Credit - students may apply for one unspecified elective where they have completed an equivalent subject that is not represented in the specified elective bank of subjects.

Partial Academic Exemption - if you have completed a theory or practical component of a subject, you may be eligible to apply for Partial Academic Exemption.

Partial academic exemption will not be displayed on offer letter or transcript as a full credit.

Not all subjects are available for all study modes each trimester. Check the enrolment survey for details on delivery mode.

On Campus Classes will be assessed for size and viability prior to trimester start. Class cancellations may occur in classes with low class enrolments and students will be advised of class changes before trimester start. Not all elective subjects run each Study Period. Students are advised to check with student services re subject availability.

How to read the below Suggested Study Pattern (as a Full Time Student):

8 subjects per year make up a full time study load, following a **3 subjects- 3 subjects- 2 subjects** pattern across the year's three Study Periods (Trimesters).

As an example: Following the below pattern, the subjects in your first year would be:

Your first Study Period: BDF105, CMF105, NUTR2001 (3 subjects)

Your second Study Period: HSP101, HBM106, NUTR2002 (3 subjects)

Your third Study Period: HSP102, EPR107 (2 subjects)

Studying Part Time? You would still follow the below sequence from top to bottom, but with fewer subjects per Study Period. *Any questions? Contact yoursuccesscoach@laureate.edu.au*

Version Date: 21/11/24

SUGGESTED STUDY PATTERN

| Year | Level | Type | Subject Code | Subject Name | SUGGESTED Prerequisite | Study Mode OC = on campus FOL = flexible online class | ATTENDANCE REQUIREMENTS |
|--------|----------------|-----------|-------------------|-----------------------------------|------------------------|--|---|
| YEAR 1 | Study Period 1 | | | | | | |
| | 100 | Core | BFD105A | Biological Foundations | Nil | OC or FOL | - |
| | 100 | Core | CMF105A | Complementary Medicine Foundation | Nil | OC or FOL | - |
| | 100 | Core | NUTR2001A | Human Nutrition 1 | Nil | OC or FOL | - |
| | Study Period 2 | | | | | | |
| | 100 | Core | HSP101A | Human Structure & Physiology 1 | Nil | OC or FOL | - |
| | 100 | Core | BHM106A | Botany & Herbal Manufacturing | Nil | OC FOL | OC - weekly class 80% compulsory attendance FOL Students complete a 2 day on campus workshop held on: Workshop option 1: Thursday & Friday (week 12) Workshop option 2: Saturday & Sunday (week 12) Available options depend on enrolment numbers. Students will be allocated to groups at the end of week 3. 100% attendance. Workshops held in Melbourne, Brisbane and Sydney. |
| 100 | Core | NUTR2002A | Human Nutrition 2 | NUTR2001A | OC or FOL | - | |

| Study Period 3 | | | | | | |
|----------------|------|-----------|---|--|-----------|---|
| 100 | Core | HSP102A | Human Structure and Physiology 2 | HSP101A | OC or FOL | - |
| 100 | Core | EBP107A | Evidence Based Practice | Nil | OC or FOL | - |
| Study Period 4 | | | | | | |
| 200 | Core | HSP201A | Human Systems & Pathophysiology 1 | HSP102A | OC or FOL | - |
| 200 | Core | HMM204A | Herbal Materia Medica 1 | BHM106A | OC or FOL | All students complete: '25 hours Work Integrated Learning (WIL) by attending: Online WIL classes delivered during trimester AND Compulsory 2 day workshop held on Saturday & Sunday of Week 12. 100% attendance. Workshops held in Melbourne, Brisbane and Sydney. |
| 200 | Core | HBC205A | Human Biochemistry | BFD105A | OC or FOL | - |
| Study Period 5 | | | | | | |
| 200 | Core | HSP202A | Human Systems & Pathophysiology 2 | HSP201A | OC or FOL | - |
| 200 | Core | HMM205A | Herbal Materia Medica 2 | HMM204A | OC or FOL | - |
| 200 | Core | SCIE2006A | Nutritional Biochemistry & Human Metabolism | HBC205A | OC or FOL | - |
| Study Period 6 | | | | | | |
| 200 | Core | CLA207A | Clinical Assessment | HSP202A | OC | OC - weekly class 80% compulsory attendance |
| | | | | | FOL | FOL students attend an on campus 2 day workshop held on Saturday and Sunday of week 6 and week 12. 100% attendance. Workshops held in Melbourne, Brisbane and Sydney. |
| 200 | Core | PCS207A | Pre-Clinical Studies 1 | HSP202A, HMM205A | OC | OC - weekly class 80% compulsory attendance PLUS '25 hours Work Integrated learning. Placement and activities vary. |
| | | | | | FOL | FOL students attend weekly class. 80% attendance AND 2 day compulsory workshop held on Thursday & Friday of week 12. 100% attendance. Workshops held in Melbourne, Brisbane and Sydney. PLUS 25 hours Work Integrated learning. Placement and activities vary. |
| Study Period 7 | | | | | | |
| 200 | Core | HBP206A | Herbal Pharmacology | HMM205A | OC or FOL | - |
| 200 | Core | HBT208A | Herbal Therapeutics 1 | Co-requisite: HBP206A Prerequisite: HMM205A, HSP202A | OC or FOL | OC & FOL - compulsory attendance weekly class (80%) PLUS All students complete: '25 hours Work Integrated Learning (WIL) by attending: Online WIL classes delivered during trimester AND Compulsory on campus 2 day workshop held on Saturday & Sunday of Week 6 . 100% attendance. Workshops held in Melbourne, Brisbane and Sydney. |
| 200 | Core | NUT208A | Nutritional Therapeutics 1 | SCIE2006A, HSP202A | OC or FOL | - |

| Study Period 8 | | | | | | | |
|--|-----------------|-----------|---|--|---|--|---|
| YEAR 3 | 300 | Core | HBT302A | Herbal Therapeutics 2 | HBT208A, HSP202A, CLA207A | OC or FOL | - |
| | 200 | Core | PCS209A | Pre-Clinical Studies 2 | PCS207A, CLA207A, HBT208A, NUT208A, HSP202A | OC | OC - weekly class. 80% compulsory Attendance PLUS Student Observatikon Placement: 25 hours completed as 5 hour placement over 5 weeks at the University Clinic (Melbourne,Sydney or Brisbane) |
| | | | | | | FOL | FOL - Weekly class 80% attendance AND Compulsory on campus 2-day workshop held on Thursday & Friday of week 12. 100% attendance. Workshops held in Melbourne, Brisbane and Sydney. PLUS Student Observatikon Placement: 25 hours completed as 5 hour placement over 5 weeks at the University Clinic (Melbourne,Sydney or Brisbane) |
| 100 | Core | NUTR2005A | Lifespan Nutrition | NUTR2001A | OC or FOL | - | |
| Study Period 9 | | | | | | | |
| Prior to enrolling in subjects with clinic, students must complete all subejcts from study period 1 to 8 (inclusive) | | | | | | | |
| YEAR 3 | 300 | Core | DIP303A | Integrated Pharmacology | HSP202, HBT208A, NUT208A | OC or FOL | - |
| | 200 | Core | NUT301A | Nutritional Therapeutics 2 | NUT208A, PCS209A, HBT302A, HSP202A, CLA207A | OC or FOL | Student Practitioner placement 72 hours completed as 6 hour weekly placement for 12 weeks of the trimester. Placement at the University Clinic (Melbourne,Sydney or Brisbane) |
| Study Period 10 | | | | | | | |
| YEAR 4 | | Elective | Elective 1 | <i>Choose one elective subject from the Elective Bank below.</i> | refer to elective | FOL | - |
| | | Elective | Elective 2 | <i>Choose one elective subject from the Elective Bank below.</i> | refer to elective | FOL | - |
| | 300 | Core | AHT303A | Advanced Herbal Therapeutics | HBT302A, NUT301A, DIP303A | OC or FOL | Student Practitioner placement 72 hours completed as 6 hour weekly placement for 12 weeks of the trimester. Placement at the University Clinic (Melbourne,Sydney or Brisbane) |
| | Study Period 11 | | | | | | |
| | | Elective | Elective 3 | <i>Choose one elective subject from the Elective Bank below.</i> | refer to elective | FOL | - |
| 300 | Core | CLR308A | Critical Literature Review | EBP107A, PCS209A, HBT302A, NUT301A | FOL | - | |
| 300 | Core | ICS401A | Integrative Clinical Studies 1 | PCS209A, AHT303A | FOL or 'HYBRID | OC/FOL - compulsory attendance (80%) weekly class PLUS 'Student Practitioner placement 72 hours completed as 6 hour weekly placement for 12 weeks of the trimester. Placement at the University Clinic (Melbourne,Sydney or Brisbane) | |
| Study Period 12 | | | | | | | |
| 300 | Core | EPR307A | Entrepreneurship, Professionalism & Business Skills in Health | PCS209A, HBT302A, NUT301A | FOL | - | |
| 300 | Core | ICS402A | Integrative Clinical Studies 2 | ICS401A, PCS209A | FOL or HYBRID | OC / FOL - compulsory attendance (80%) weekly class PLUS 'Student Practitioner placement 144 hours completed as 2 x 6 hour weekly placement for 12 weeks of the trimester. Placement at the University Clinic (Melbourne,Sydney or Brisbane) | |
| Choose 2-3 elective subjects from the specified elective bank below. Students can apply for one unspecified elective. | | | | | | | |

| SPECIFIED ELECTIVE BANK | | | | | |
|-------------------------|--------------|-----------------------------------|--------------------------------------|-----------------------|--|
| | Subject Code | Subject Name | Prerequisite | ENROLMENT INFORMATION | Subject Availability |
| | DCP409A | Dietary Counselling & Planning | Prerequisite: NUT301A | FOL | Trimester 1, 2, 3 |
| | FNM408A | Functional Nutritional Medicine | Prerequisite: NUT301A | FOL | Trimester 1, 2, 3 |
| | SOC201A | Mediation and Conflict Management | Prerequisite: PCS209A, AHT303A | FOL | Trimester 1, 2, 3 |
| | PUBH2000 | Foundations of Public Health | | FOL | Trimester 1, 2, 3 |
| | IRD302A | Iridology | Prerequisite: PCS209A | FOL | Trimester 1, 2, 3 |
| | HPF209A | Homeopathic Foundations | Prerequisite: PCS209A | FOL | Offered in Trimester 2 only |
| | FLE405A | Flower Essences | Prerequisite: PCS209A | FOL | Trimester 1 & 3 |
| | | UNSPECIFIED ELECTIVE | Depends on subject choice | | Students have the option to choose a level 300 elective from the Torrens Suite of Courses. Choices from Counselling, Public Health & Nutrition Bachelor programs are recommended. |

Any questions? Please contact your Success Coach.