

## Genetic counselling for carrier couples

**Genomic Diagnostics offers supportive, free of charge genetic counselling for carrier couples of cystic fibrosis (CF), spinal muscular atrophy (SMA) and fragile X (FXS) when determined through genetic carrier screening.**

This high-quality telehealth service, provided through our qualified genetic counselling partners, aims to support and educate patients, ensuring they have the tools required to understand the implications of their test results and make informed reproductive decisions.

All sessions are held via telehealth, and are approximately 60 minutes long.

Appointments are available between 0900 – 1700, with after-hours and weekend sessions by request.

### How do I refer someone for Genetic Counselling?

- 1 Positive carrier test** result indicating that a carrier couple has been identified is faxed to your clinic with a dedicated referral form for genetic counselling
- 2 Discuss the result** with your patient and their reproductive partner and determine if genetic counselling through Genomic Diagnostics is required
- 3 Complete referral form** for genetic counselling and fax to counselling service
  - Ensure current patient phone number included
  - If one partner has been tested through a pathology service other than Healius Pathology, forward a copy of their results also
- 4 Couple contacted** by counsellors within 24-48 hours to book counselling session
- 5 Couple counselling** session occurs
- 6** A summary of the counselling session is emailed to you as the referring doctor

After counselling, your patient and their reproductive partner will be referred back to you for follow-up and ongoing management.

The genetic counselling sessions for Genetic Carrier Screening are designed to enable patients to discuss any questions and explore any issues and implications of their carrier screening results only. The service is not designed to offer genetic counselling regarding other genetic conditions unless agreed upon beforehand. Following the conclusion of the telehealth consultation, the counselling service has no subsequent duty of care to the patient as they are referred back to their healthcare practitioner

For more information, contact us at [info@genomicdiagnostics.com.au](mailto:info@genomicdiagnostics.com.au)

 1800 822 999

 [genomicdiagnostics.com.au](http://genomicdiagnostics.com.au)

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