



At least 70% of people who have taken a Pharmacogenomic test have a finding³ that could affect current or future medications.

PGx Testing is available for selected:

- Antidepressants
- Antipsychotics
- Anxiety medications
- Pain relievers
- Statins
- Proton pump inhibitors
- Cardiology medications
- Addiction medications

Plus many others. Please see your doctor for further information.

Reduce trial and error in your medications, start your personalised medicine journey with a Pharmacogenomic test.

References:

1. <https://pubmed.ncbi.nlm.nih.gov/17074942/>
2. <https://pubmed.ncbi.nlm.nih.gov/27997040/>
3. Internal data of analysis of >6000 myDNA test results

How do I organise to have the PGx test?

Step 1: See your doctor to get a request

- Discuss Pharmacogenomic (PGx) testing with your doctor
- Obtain a request form for testing



Step 2: Prepare for your collection

- Medicare does NOT cover the cost of testing
- Prepay online via www.gdpay.com.au
- Please contact our Customer Care team on 1800 822 999 if you are unable to pay online



Step 3: Have your sample collected

- Write your receipt number on the request form
- Have your blood collected at your closest Healius Pathology collection centre



Step 4: See your doctor to get your results

- Your results will be available approximately 2 weeks after having your blood collected
- Discuss these with your doctor



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**You are unique.
Your medication
should be too.**



Testing of your DNA determines how quickly you break down your medications. This can help your doctor prescribe the **right medication at the right dose for you, the first time.**

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Are your medications working for you?

Finding the right medication at the right dose has often been a matter of trial and error.

Why?

Everyone processes (metabolises) different medications at different rates. This affects how well the medication works for you.

- You may process a medication too quickly, so receive little or no benefit from it
- You may process a medication too slowly meaning you are at increased risk of side-effects

Adjusting your medication and your dose allows you to achieve symptom relief.

These differences may be due to changes in your DNA, which is referred to as **Pharmacogenomics**.



Only **50%** of patients respond to their initial treatment with antidepressants¹



1 in 10 people may process certain medications too slowly, increasing their risk of side effects²



1 in 3 people may process certain medications too quickly, increasing their risk of treatment failure².



Personalised medicine can help

A **Pharmacogenomic (PGx) test** can identify how your DNA may affect your response to medication. This can help you and your doctor work out the best treatment for you - personalising your medicine.

Testing can help:

- Avoid ineffective medications
- Reduce the risk of side effects
- Save time and money otherwise spent on trial-and-error medications
- Get you on the right drug at the right dose sooner, helping improve your quality of life

When should I have a PGx test done?

- If you are about to start on an antidepressant or other select medication for the first time
- If you have been on medications in the past and found them not to work
- If you have experienced significant side effects from your medication previously